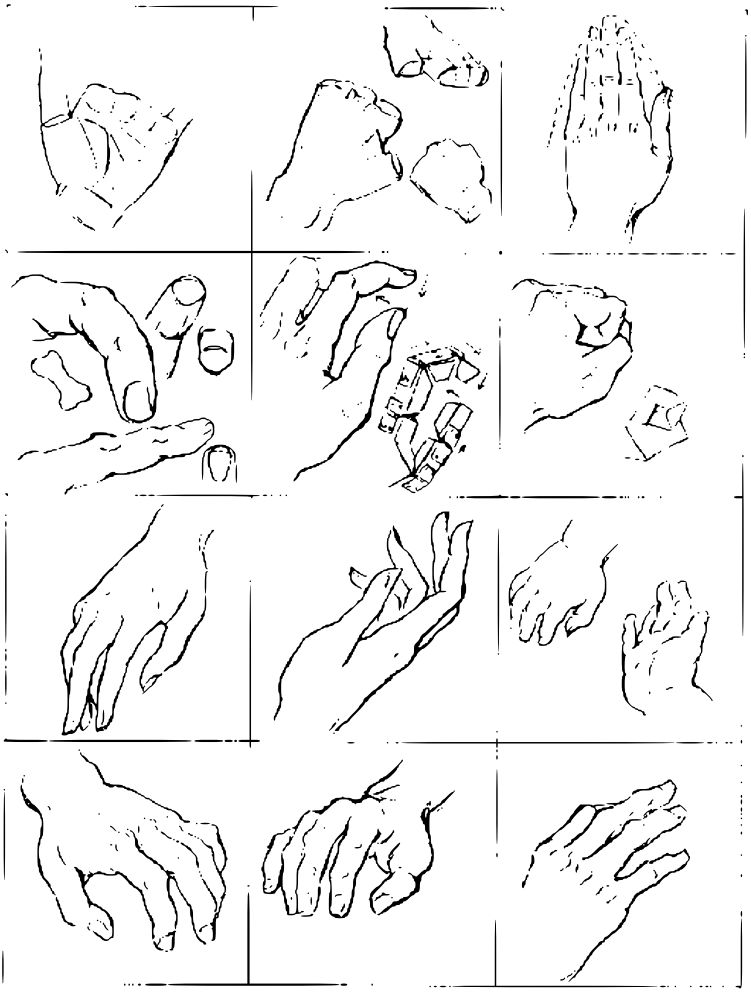THE HAND