

use the pen tool to lay down the basic of the head shape -click from node to node-

use the node tool further on: select start and end nodes, open the align and distribute panel (Shift+Ctrl+A) align the two nodes on the same vertical axis

(rectangle) select all nodes, set segments to be curved, then set nodes to be smooth

adjust node handles
-use Ctrl for horizontal and vertical tangents

duplicate path, flip it horizontally (H)

enable snapping to nodes and to cusp nodes, and move the duplicant until the start/end nodes match

combine the two paths together (Ctrl+K), select the two starting nodes and merge them together,

then do the same with the end nodes, set the new nodes to be smooth

trace the eye
-as a closed path;
to finish the shape, click on
the starting node-

select all nodes, set segments to be curved, nodes to be smooth, adjust handles

duplicate the eye-shaped path and the head-shaped, group them together (Ctrl+G), mirror horizontally (H) ungroup object (Ctrl+Shift+G), delete unnecessary duplicant of the head