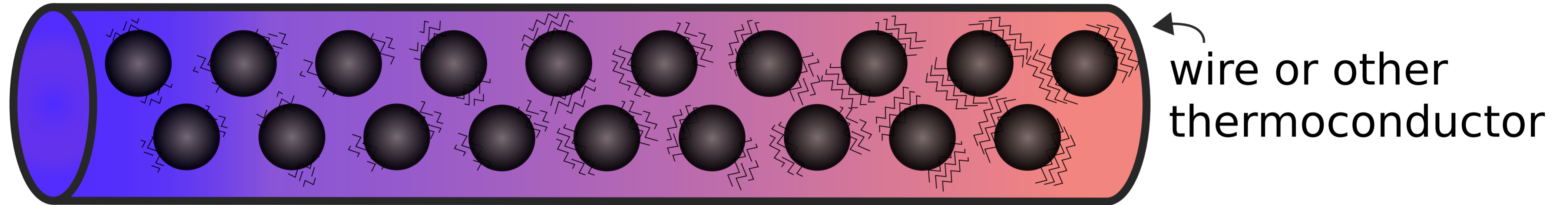


molecules in solid objects don't "move" - they vibrate or "jiggle"



heat conducts from warm to cold

