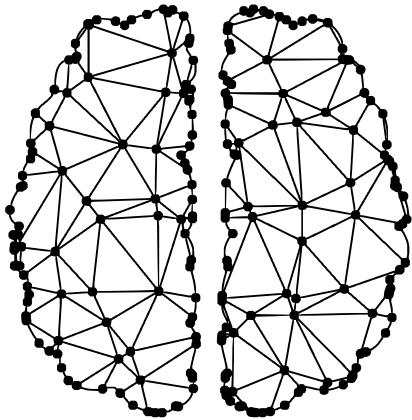


Things We Need to Normalize for Men



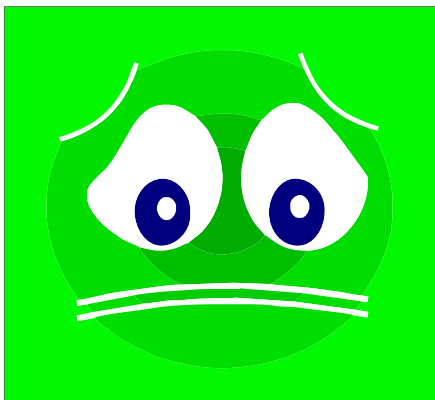
**Mental Health
issues**



**Going to
Therapy**



**Asking for
Help**



**Showing
Emotions**



Speaking Up



**Not Being
Okay**